

## Verses and blessings to help create your sacred space

### 1. Numbers 24:5

מה־טבו אלהיך יעקב משכנותיך ישראל:

How good are your tents, O Jacob, Your sacred places, O Israel!

### 2. Birkat Habayit (home blessing):

בְּזֶה הַשַּׁעַר לֹא יָבוֹא צָרָה  
בְּזֶה הַדְּוָר לֹא תִבְּרָא צָרָה  
וְאֵת הַבְּהֵמָה בְּזֶה הַדְּלֵת לֹא תִבְּרָא  
בְּזֶה הַמְּחִלָּה לֹא תִבְּרָא מְחִלָּה  
בְּזֶה הַמְּקוֹם תִּהְיֶה בְּרָכָה וְשָׁלוֹם

Let no sorrow come through this gate.  
Let no trouble come in this dwelling.  
Let no fright come through this door.  
Let no conflict come to this section.  
Let there be blessing and peace in this place.

### 3. Exodus 20:21:

בְּכָל־הַמְּקוֹם אֲשֶׁר אֶזְכָּר אֶת־שְׁמִי אֲבֹא אֵלֶיךָ וּבְרַכְתִּיךָ

In every place where My name is mentioned, I will come to you and bless you.

### 4. Exodus 3:5

כִּי הַמְּקוֹם אֲשֶׁר אַתָּה עומד עליו אדמת־קֹדֶשׁ הוּא:

Indeed, the place on which you stand is holy ground.

### 5. Psalms 121:8

יִשְׁמַר־צִאתְךָ וּבֹאֲךָ מֵעַתָּה וְעַד־עוֹלָם: יְהוָה

Adonai will guard your going and coming, now and forever.

### 6. Pirke Avot 1:4

:יְהִי בֵיתְךָ בֵּית וְעַד לְחַכְמִים, וְהוּי מִתְאַבֵּק בַּעֲפֹר רַגְלֵיהֶם, וְהוּי שׁוֹתֵה בְּצִמָּא אֶת דְּבָרֵיהֶם

Let thy house be a house of meeting for the wise, sit at their feet, and drink in their words.

7. The last line of the blessing said at [Havdalah](#) separating Shabbat from weekday can be used to “separate” this sacred space:

בְּרוּךְ אַתָּה ה', הַמְבַדֵּיל בֵּין קֹדֶשׁ לְחֹל

Baruch atah Adonai, hamavdil bayn kodesh lechol.  
Blessed are You Adonai, who separates between holy and ordinary.

8. The [traditional prayer for healing](#) can be used to “heal” a space too:

ברוך אתה ה', רופא כל בשר, ומפליא לעשות

Baruch atah Adonai, rofeh kol basar, u'maflee la'asot.  
Praised are You Adonai, healer of all flesh, doing wonders.

Courtesy of Rabbi Elyse Goldstein